



Supported
Independent
Living
Checklist



**If you are thinking about Supported
Independent Living you need:
An NDIS PLAN!**

1. Do you have an NDIS plan?

No I Don't:

To obtain support from the NDIS you need to talk with an NDIS Planner to see if you qualify. They will guide you through the process of registering as an NDIS participant.

Yes I Do:

Ok, Great! Now, does your plan include Supported Independent Living Funding?

No It Doesn't:

Then you need to contact your NDIS Planner to discuss this possibility.

Yes It Does:

Excellent! Please write below the level of support in your plan? (eg 3 person shared, standard)

Checklist

You need to think very carefully about where you would like to live and who you would like to live with

2. If you are currently living in a home supported by any agency:

Do you have a current Service Agreement with this agency? *Yes/No*

If You Do Have a Current Service Agreement:

You need to terminate this agreement before you can move, but you should read your service agreement for the terms and conditions for the termination. You need to be sure that ***you really want to change*** providers of your accommodation.

****Very Important****

You must contact the NDIS to discuss your intention to change Supported Independent Living providers.

3. What Sort Of House Do You Want To Live In?

Make sure you know what your ideal home would be like. For Instance, would you like to live with other people, or do you prefer to live alone? Would you like to live in town or in a quiet spot just out of town? Would you like pets? Do you like to help out in the garden?

Take some time to think about this and if you need to, get someone to help you jot down your thoughts.

4. How Much Will It Cost To Live In Supported Independent Living?

There are two sources of funding that will help you live independently in your own home:

- a. The NDIS provides the bulk of the costs to help you do this. This is the Supported Independent Living part of your plan and describes the level of support you will receive. This funding covers wages and administration costs of running your home on your behalf.
- b. The NDIS DOES NOT pay for your rent, food bills, consumables (eg dish washing liquid, tissues, clothes pegs). These things are covered by a contribution made by you from your Disability Support Pension. Typically this contribution is 75% of the pension amount which is approximately \$300 per week. This contribution is **your money and cannot be spent on anything else but your fair share of household costs.**



Did you know?

Depending on the support you require, you can live by yourself, with one other housemate or with more housemates. Getting the “right mix” of people to share your home with is very important to enable you to live in your home happily in harmony with others.

5. What Do I Bring With Me To My New Home?

As a general rule you need to bring your clothes, your toiletries, your bed and bedroom furniture, your other possessions that you wish to have with you (eg a TV for your room and your iPod).

It may be that some or all of the furniture for the shared living areas and the kitchen and other rooms is provided by your support organisation.

6. What Will I Do Through The Day?

You need to check your NDIS plan to see if you have funding to support programs that you can attend during the day. This may be working somewhere, or attending social groups or training schemes. You should also expect to do an “out of hours” social program enabling you to socialize, relax, go to the movies or BBQ’s, celebrate events like your birthday!

7. What Do I Do Now?

Call your planner or support person and discuss your goals with them.

Good Luck!